

Montmartin sur Mer

Heading north this ride heads for the small peninsula in the region of Montmartin-sur-Mer, where there are several things to look at listed below, the way back takes in Granville. This route out goes through Brehal where it's market day, so you should be in good time for it.

If you fancy a longer ride you can head for Coutances with its cathedral and a grand salon de the next door.

Distance 75.5km / 48miles

Places of Interest

1) Regneville-sur-Mer

<http://www.normandie-tourisme.fr/pcu/regneville-sur-mer-medieval-castle---chateau-medieval-de-regneville-sur-mer/regneville-sur-mer/fiche-PCUNOR050FS000OI-2.html>

<http://www.france-voyage.com/towns/regneville-sur-mer-17698.htm>

Built in the 14th century right on the sea front to defend the drying port of Régneville, this fortress is dominated by the spectacular ruins of the dungeon. Walk along the interpretation path, following the ancient moats, to discover the tumultuous history of the castle during the 100 Years' War, as well as its architecture. The permanent exhibition "Aspects of an estuary: the haven of the river Sienne" will help you learn about the history and natural environments of this preserved coastline. In summer, a regional market is held regularly in the castle courtyard.

Rey Lime Kilns

14 route des Fours à Chaux

50590 REGNEVILLE-SUR-MER Tel : 02 33 46 82 18 Fax : 02 33 46 03 74

<http://www.normandie-tourisme.fr/pcu/the-rey-lime-kilns---maritime-museum---les-fours-a-chaux-du-rey---musee-maritime/regneville-sur-mer/fiche-PCUNOR050FS000TH-2.html>

Imposing structure of four lime kilns resembling a fortified castle, built between 1852 and 1854. The limestone extracted on site was calcined to obtain the lime, used mainly for agricultural purposes. An audible visit to discover the entire site. In the museum, two exhibitions: "from limestone to lime" and "Regnéville, drying port". A film on the history of Regnéville castle is also proposed. Last entry one hour before site closes.

2) Momtmartin-sur-Mer

The village has beautiful unspoiled beaches. There is a supermarket and a number of other shops plus a cafe and a bank. There is a market on a Wednesday morning and another selling fruit and veg on Sunday morning.

The beach and dunes here are completely unspoiled, and have miles of space to enjoy even in the height of summer. This part of the coast benefits from enormous spring tides (some of the highest in the world) , and at low tide you can walk out for miles searching for shellfish - a very popular activity locally, especially in summer

3) Coutances

Coutances is a Cathedral town, spectacularly built on a steep rock amid a saucer of hills. The crest of the ridge is crowned by three great medieval churches: St.-Nicolas, of the earliest Gothic in style; the Cathedral, the acknowledged masterpiece of Norman Gothic; and Saint-Pierre, late Gothic and Renaissance. Besides these, the greatest glory of the town is its park, the *Jardin des Plantes*, originally the private garden of the house which is now the town museum. Here, a formal French garden with fountains and floral sculptures is surrounded by an English garden full of shady walks and winding paths, in its turn surrounded by a belt of virgin woodland. The contrasts and the views afforded by this inspired landscaping are worth travelling a long way to see.

4) Granville

<http://www.afranceattraction.com/france-attractions-eh/map/granville.html>

a) Christian Dior Museum

Jardin Dior, Granville 50200 - France

Phone: +33 (0)2 33 61 48 21

Christian Dior is one of the most famous fashion designers in the world, and this is his hometown, a little seaside resort next to the English Channel. This museum is an absolute must for anyone who has any interest in his work or the fashion world as a whole because it is simply crammed with interesting artefacts and materials that relates to the life of the designer and the impact that the products and creations that he has made on the world.

b) Church of Saint Paul

Rue Saint Paul, Granville 50400 – France

The Church of Saint Paul is one of the largest and most interesting ecclesiastical structures in the area and like many of the religious buildings in the town has a close association with the seafarers who have built this community. Within the church there are many carvings and pictures that are dedicated to the brave men who have battled the weather and the waves to continue the trade that was always needed to keep this

c) Promenade Andre Tible

Granville 50400 - France

Promenade Andre Tible juts out into the sea in front of the main port and to the south of the town centre. It was originally constructed as a breaker to protect the main port from the ferocity of the waves in the winter time. Today it is popular with tourists as a walkway because it is so exposed. It offers some of the best views of the historic town and of the seascape that stretches out in both directions when you near the end of the promenade.

d) Richard Anacreon Museum

Rue Lecarpentier, Granville 50400 - France

A famous son of the area, the Richard Anacreon Museum is dedicated to the history of the community and is one of the best museums to browse through if you want to get a feeling for how people have lived in this area for many hundreds of years. It has collections of arts and crafts from local artists on display as well as maps and artefacts many of which are far more ancient than the beautiful building in which they have been permanently housed.

e) Seafaring Museum

Rue Lecarpentier, Granville 50400 - France

Phone: +33 (0)2 33 50 44 10

Seafaring and trade have always been two of the most important parts of the history of this small town. This museum looks into the way in which trading at sea has shaped and changed the face of the community and the many people that live within it. There are some great models, artefacts and pictures that help to bring to life the intriguing history of the town in such a way as to enthuse and excite both young and old when they visit

Places to eat (there will be others on route I expect)

15.2km Brehal – It's market day

Coutances if you take the long alternative

Salon de The right by the cathedral, also a good bar next to the Marie

44.9km Hauteville-sur-Mer,

Several places

66.9km Granville

Lots of places

Route Description

| Montmartin-sur-Mer – LONG ride- Tuesday 5th. June 2012 | | | |
|--|-------|-------|--|
| | Miles | | |
| Inst. | Total | Stage | Notes |
| 0 | 0.0 | 0.0 | From the campsite take the back entrance out |
| 1 | 0.2 | 0.2 | 250 metres bear left, then bear left (large cross LHS) and head east through Angomesnil |
| 2 | 1.1 | 0.9 | 1.8km SO at XR, cross D973, SP St Aubin-des-Preaux 1.5 along D154 |
| 3 | 2.0 | 0.9 | 3.2 In St-Aubin-des-Preaux, take the second right at the XR, (after passing church RHS) along D469 (leaving D154) towards Hudimesnil |
| 4 | 3.1 | 1.1 | 4.9km TL at TJ, SP Hudimesnil 6, along D143 |
| 5 | 3.5 | 0.5 | Bear right SP Hudimesnil 5 |
| 6 | 4.3 | 0.8 | 6.9km TR at TJ, SP Hudimesnil 4, then shortly afterwards bear left SP Hudimesnil |
| 7 | 4.8 | 0.5 | 7.7.km SO at XR (between houses) SP Hudimesnil 3, across D924, pass under railway |
| 8 | 6.8 | 2.0 | Hudimesnil village, bar and small shop LHS |
| 9 | 7.1 | 0.3 | 11.5km Follow the sign for Brehal 4 along D143 |
| 10 | 8.4 | 1.3 | 13.5km TL (eff SO) SP Brehal 2, along D592, pass through Le Mesnil |
| 11 | 9.1 | 0.8 | 14.7km SO at XR, SP Brehal, along D592 (cross D971) |
| 12 | 9.4 | 0.3 | 15.2km SO at XR (through no entry for lorries sign, very shortly afterwards bear right along Rue Guy Moquel and into the centre |
| 13 | 9.6 | 0.2 | 15.4km In the centre SO at XR, SP Mouneville S M, Coutances, along D971, pass church RHS and carry on straight out of town |
| 14 | 10.5 | 0.9 | 16.8km Having crossed the roundabout with the Renault garage RHS, take the next left (shortly after the no entry sign) no SP, along D13E1 towards Bricqueville-sur-Mer |
| 15 | 11.2 | 0.8 | 18km By the church in Bricqueville-sur-mer, TR SP Lingreville 5 along D20 then immediately right again to pass the church RHS |
| 16 | 12.0 | 0.8 | 19.3km Bear right SP Vers D971 along D98, then take the next left along minor road, Rue de Campagnes |
| 17 | 12.6 | 0.6 | 20.3km TL at TJ, along D278, (telegraph lines LHS of road) |
| 18 | 13.3 | 0.7 | 21.4km TR at XR, SP Lingreville 3.5, along D20 |
| 19 | 13.9 | 0.7 | 22.5km TR at XR, SP Muneville sur Mer 3, along D298 (just before bar LHS) then after about 400 metres take the second left SP Lingreville 1 along C7 |
| 20 | 15.3 | 1.4 | 24.7km In the centre of Lingreville, carry on straight over. This can be tricky so please pay attention. You are aiming to cycle along the long avenue with parking next to it and head for the church. At the church you bear left then immediately take the first right by the church to head Nort east and then bear north out of the village. At this point carry SO at the 5 way junction (2 roads come in from the right and 1 from the left) At the next XR you wil TR and this is the next instruction |
| 21 | 16.0 | 0.7 | 25.8km TR at XR heading NE and carry SO at the next XR until you reach the D176 |
| 22 | 16.6 | 0.6 | 26.8km TR at TJ, along D176 (buildings at junction) towards Herenguerville and enter this village |
| 23 | 17.9 | 1.3 | 28.9km TL at TJ, SP Montmartin 2.5, along D49 |
| 24 | 19.3 | 1.3 | 31km Just before the centre of Montmartin-sur-Mer, TR, towards Montchaton, along D356. This is opposite the Centre de Finances Publique, and you will cross white lines of a zebra crossing |
| 25 | 20.3 | 1.1 | 32.8km bear left then bear right (as D439 heads right towards Hyenville) |
| 26 | 21.5 | 1.2 | 34.6km TL at XR, SP Agon, Coutainville, along D72 |
| 27 | 21.7 | 0.2 | 35km TL at TJ, SP Montmartin along D20, there is a bike crossing here. (If you want to visit Coutance and its splendid cathedral, TR here, and over the bridge, follow this for 7km) |
| 28 | 21.8 | 0.1 | 35.3km. Having followed the bike path, take the next right, SP Regneville and then immediately the next right again, SP Urville, along D156 |
| 29 | 22.8 | 1.0 | 36.8km In Urville, carry straight on following D156, towards Incleville |

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| 30 | 23.4 | 0.6 | 37.9km In Incleville TR at TJ, along Rue de Cru/D249, shortly afterwards bear left |
| 31 | 24.1 | 0.7 | 38.8km TR, along Rue de l'Epine, towards La Trancardiere (If you miss this turn, you'll shortly come to Grimouville, where you TR at TJ and this will take you too L Trancardiere |
| 32 | 24.6 | 0.5 | 39.6km TR at TJ, then bear left SP Regneville-sur-Mer 2, along D156 |
| 33 | 25.2 | 0.6 | 40.6km TR at TJ, SP Montmartin 4, along D49, enter Regneville-sur-Mer |
| 34 | 25.8 | 0.6 | 41.5km (TL to explore the chateau, eglise and the limekilns) The chatea is on the LHS. |
| 35 | 26.1 | 0.4 | 42.1km TR, SP Hauteville-sur-Mer 3, along D156 |
| 36 | 27.0 | 0.8 | 43.4km TL at TJ, no SP then TR, SP Hauteville 2, along D156 |
| 37 | 27.9 | 0.9 | 44.9km In Hauteville-sur-Mer, TL at TJ, along D76 into and pass through the centre of town |
| 38 | 28.4 | 0.5 | 45.7km By the cemetary TR at TJ, SP Annoville 1, Brehal 9, along D20 |
| 39 | 31.4 | #REF! | 50.6km You've been to this junction before. TR at XR, no SP. There is a bar, alimentation and a Renault garage at this junction 9other way is signed Muneville |
| 40 | 32.0 | 0.6 | 51.5km TR at XR. no SP. This is a prety indestinct junction, an XR in a field almost. The road you want has telegraph wires LHS and a black cross on a red triangular sign RHS. |
| 41 | 33.3 | 1.3 | 53.6km 24.4km TR along D375 Ei, across causeway, La Paserelle restaurant opposite. (This causeway may be shut, if it is TL, then take the first right. After a km take the D345 over the causeway) |
| 42 | 34.0 | 0.7 | 54.7km Beach ahead, take the road opposite to the beach |
| 43 | 34.8 | 0.9 | 56.1 km By the golf club, bear right and head for the coast in St-Martin de Brehal. There is a road parallel to the beach, take this all the way through the town |
| 44 | 36.1 | 1.2 | 58.1 km At the end bear left leaving the coast along D351, passing airport RHS |
| 45 | 37.3 | 1.3 | 60.1km The road has gone gradually 90 degrees right then more sharply 90 degrees left, take the next right turn, along D135 towards Breville-sur-Mer |
| 46 | 38.4 | 1.1 | 61.9km At the roundabout go straight over and shortly afterwards take the right turn towards Granville. (This minor road parallels the D971/E5 into Granville to the north of it) However when the road goes left you'll have to go this way onto the D971 to get to the centre of Granville |
| 47 | 39.6 | 1.2 | 63.8km TR at TJ along D971 E5 towards the centre of Granville and head for the marina on the south west tip To give details through Granville is difficult and mistakes will be made, and you'll want to explore. Therefore I will describe a simple route through using main roads. I would suggest using a local street guide and common sense to find your way round. To get out you are looking for the D911 coast road to the south of town |
| 48 | 41.5 | 1.9 | 66.9km You will be in the centre and have just done a sharp right turn then a 180 degree turn and the road has then borne left. There are 3 ways to go, and there are 2 arrows in the road. Rght is uphill, take the turn in the middle-SO but slightly left SP Autres Directions. There is a short flight of stone steps RHS |
| 49 | 41.7 | 0.1 | 67.1km At the roundabout take the second exit (you'll go 120 degrees around) SP Avranches, Villedieu, Sant-Pair sur Mer. You're close to a big crane here. The road you take parallels the marina |
| 50 | 41.9 | 0.3 | 67.6km At the roundabout, take the first exit, SP St Pair Sur Mer. Avranches, Villedieu. This will take you to St-Pair-Sur-Mer |
| 51 | 43.8 | 1.9 | 70.6km At the roundabout on the edge of St-Pair-sur-Mer, TR, SP Kairon-Plage, Jullouville, along D911, pass church with pointy spire RHS |
| 52 | 44.0 | 0.2 | 71km Bear right (left is no entry) SP Autres services |
| 53 | 44.1 | 0.1 | Bear Left, SP Centre Ville, Les Eaux, then at the TJ, TR, SP St Michel Les Loups (Other way Granville) |
| 54 | 44.2 | 0.1 | 71.3km At the roundabout SO, SP St Michel Les Loups, along D21 |
| 55 | 46.4 | 2.2 | 74.7km Having passed through le Chesnay, TL SP St Aubin des Preux, along D154 |
| 56 | 46.6 | 0.3 | 75.1km as the road bears right and return to the campsite |
| 57 | 46.9 | 0.2 | 75.5km FINISH |