

Tandem Club International Rally 2014

Guemene sur Scorff

1 – At Gouarec get onto the canal towpath and cycle upstream (away from Bon Repos). After 3 kms you reach a road-bridge where you leave the canal and turn left up the hill into Plelauff.

After 200m you pass the lovely little bar 'Le Pelanne' – though it's early to stop it's well worth it for a 1 Euro coffee;-) Still if you miss it you can catch it again on the return.

2 – Cycle up through the village keeping straight-on past the church and then very old Chapel (well worth a look with it's Menhir) and out of the village. After 1 km you pass a Roman KM post on your left and 50m further on turn left signposted Lescouet-Gouarec. After 1 km you turn left at the T-junction then almost immediately right signposted for Lescouet-Gouarec.

This rolling lane takes you past yet another isolated chapel – this retaining it's old outer churchyard wall.

3 - After 3 kms you reach a T-junction and here turn left into Lescouet-Gouarec – a one-horse town if ever there was one... Just cycle into the centre (1 km) and turn left opposite the church signposted Langoelan. After 3.5 kms you reach T-junction where you turn left into Langoelan.

This is an odd little village with a couple of 'Munsters' houses but it also has a small bistro and just past that the old school house has a baker and epicerie in it.

4 - Continue (1 km) through the village and past a Pizzeria (closed) and carry straight-on out of the village.

If you turn left here it will take you down to a very pretty lake and picnic area after 500m.

5 – 8 kms down this gorgeous valley bottom and you reach a T-junction where you turn left and then after 200m right to take you all the way up into the cobbled centre of Guemene.

Guemene is a lovely place and is the world centre for Anduiette – a disgusting tripe sausage best avoided by all but the brave. The centre is pretty – several bars and restaurants, bakers and on the outskirts a large supermarket.

6 – To leave Guemene cycle up the main street (sadly not big on signs but it's pretty obvious – Rue Emile Maze)) and keep straight on out of the village. After 1 km you cross the main road signposted Silfiac. 1.5 kms on you turn left signposted Silfiac.

In tiny and very pretty lanes again...

7 – Follow this for 8 kms and you'll reach a T-junction where you turn right into Silfiac. After 1 km you turn up a tiny lane left right before the church – follow this for 500m and you turn left (D764). This road will take you winding down the valley all the way to the canal after 10 kms after which you turn right onto the canal towpath to take you the 6 kms to Gouarec

