Challenge 58 miles to the sea.			Caernarfon -	Treborth-Caernarfon. Into the mountains and down	
Stage Total Where Notes Elevation 0.00 0.00 Start Leave campsite by main entrance 177.17th 0.18 0.18 T junction Turn right onto A487 and follow for half a mile. CARE. 203.41ft 0.46 0.63 Bus stop Left through railing area. (Sustrans route 5/8) Small Jane then left on road to mini roundabout more in the left side of the road. (Route 8). 200.13t 0.47 1.23 T junction Turn left and follow shared use path down the left side of the road. (Route 8). 235.50t 0.43 1.66 Major roundabout Cross busy road before roundabout and continue on cyclepath on the right side of B4547. (Route 8). 118.11th 0.27 1.93 Cross road. Oper route 8 crosses road. Leave route 8 and continue on cyclepath on the right side of B4547. (Route 8). 149.99th 0.23 3.28 Bus shelter on right Junction 150.00th 52.49ft 0.23 3.52 Y junction Follow road left up hill through housing and past school on right. 50.00th 170.60th 0.24 3.60 T junction Left signposted Bethel. Continue through lanes passing on right. 20.00th <th></th> <th></th> <th></th> <th></th> <th></th>					
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0.10 23.38 Cycle bridge Cross over A487 and ignore Route 8. Follow lane between houses. 334.65ft	0.15	23.29		Continue straight.	347.77ft
0.26 23.64 T junction Turn right 328.08ft	0.10	23.38	_		334.65ft
	0.26	23.64	T junction	Turn right	328.08ft

0.12	23.76	Left turn	No lorries sign.	308.40ft
1.50		Grass Triangle	Turn left and cross old bridge. The lane bears right.	88.58ft
0.11		T junction	Turn left and follow lane passing chapel on right.	75.46ft
0.93	26.29	T junction	Turn right.	288.71ft
0.14		Left turn	Signposted Tai'n Lon	249.34ft
0.51	26.94	Tai'n Lon	Continue.	242.78ft
0.40	27.27	T i un ation	Turn right then immediately turn left. Follow lane	207 4 44
0.42	21.31	T junction	ignoring turn to Gors y Wlad (farm).	387.14ft
			Turn left no signpost. Shortly pass microwave mast on	
1.05	28.41	T junction (Option)	the right. (Turning right will lead you to Clynnog Fawr	754.59ft
			and shorten the route by some 10 miles)	
2.55	30.96	T junction	Turn right. No signpost. Letter box in front of you.	554.46ft
0.66	31.62	Turn right	No sign - house / barn to right (for sale Feb 2014).	508.53ft
3.26	3/1 80	T junction	Turn right onto A499 into Llanaelhaearn. Community	456.04ft
3.20	34.09	1 junction	cafe/pub 400 yards on the right.	430.0411
0.37	35.26	Cyclepath	Join cyclepath on right of the road and follow this for 8	446.19ft
0.37	33.20		miles towards Caernarfon.	440.1911
3.93	30 18	Clynnog Fawr	Shop in garage and pub. Continue on cyclepath. (short	108.27ft
3.83	00.10	Ciyiiioy Fawi	cut rejoins here)	100.2710
			Straight on. To the right, under gateway, into estate and	
4.27	43.46	Glynllifon gateway	bear left to cafe, craft shops and toilets in the grounds.	111.55ft
			· · · · · · · · · · · · · · · · · · ·	
0.09	43 55	Left turn	Cross busy road (CARE) and down lane on the left SP	127.95ft
0.00		2011 (0111	Llandwrog.	12710011
0.38	43.93	Harp Inn	Opposite the Harp turn right into Church Cottages.	62.34ft
			Follow road ignoring turnings.	
2.29	46.22	Saron	Continue	65.62ft
0.60	46.82	Left turn	After a short hill turn left SP Y Foryd. Continue down to	78.74ft
			the sea.	
0.85		Sharp right turn	Follow lane along Strait to Caernarfon.	6.56ft
2.77		Footbridge	Please walk over	19.69ft
0.04	50.49	Castle	Left turn and go right through the town walls.	22.97ft
044	E0.00	los Crosmo Char	The route turns left into Palace St between Palace	10 04#
0.14	50.62	Ice Cream Shop	Vaults and the Ice cream shop. (Straight on leads to the	49.21ft
	 		Maes with all facilities).	
0.40	E0 70	Evit Town Malla	After passing the Black Boy Inn exit the walls and	20 524
0.13	50.76	Exit Town Walls	continue straight on Balaclava Rd passing Galeri on the	29.53ft
0.04	F0.07	Mini waxaadalaasa	left (Route 8).	20 004
0.21		Mini roundabout	Straight on into car park.	36.09ft
0.07		Join cyclepath	On the left side of car park join cyclepath (route 8).	32.81ft
2.20		Roundabout	Continue on shared use cyclepath	65.62ft
1.15	54.39	End of cyclepath	Turn left and follow Route 8 along Beach Road.	98.43ft
0.50	54 90	Toilets	Go right and then immediately left on slate path. Signed	26 2F#
	54.89		Route 8. Continue through housing and past the marina.	26.25ft
0.44	55 22	Tiunction	· · · · · · · · · · · · · · · · · · ·	75 /6f+
0.44		T junction Finish	Turn left and follow outward route back to Treborth.	75.46ft
2.83	20.10	LIHZH	Relax	177.17ft