

## **Ynys Môn / Anglesey East (OS Sheet 114 or 115) – Gentle ride – 22 miles**

Heading for the east of Ynys Môn this route goes to the World Heritage Site of Beaumaris / Biwmaris and on to Penmon, the easternmost tip of the island.

From the campsite the ride takes the Menai Suspension Bridge to cross the Straits and continues east along the busy A545 for about a mile. The quieter Sustrans Route 5 bears left up a short steep hill (which can be pushed) then runs into the centre of Beaumaris / Biwmares. It is also possible to cycle on the flat along the busier A545. Having moved the native Welsh population to Niwbwrch / Newborough (destination on the Ynys Môn West ride) Beaumaris Castle was started in 1295 (but never finished) by Edward I to demonstrate his power and wealth. The surrounding walled town was solely for the English! There is also the Courtroom (very little changed from 1614), and the eighteenth century Gaol which makes it an outstanding destination. There are a wide range of shops, cafes, a museum and other facilities including the recently renovated pier. There are a wide range of shops, cafes, a museum, bank and other facilities as well as a playground next to the castle. Further enjoyable cycling follows the lanes to the 13th century Penmon Priory and then (optionally) Penmon Point with its cafe, beach and magnificent views along the coast towards Puffin Island / Ynys Seiriol, Llandudno and the Great Orme and inland to the Carneddau (the mountain range.) There is no toll for bicycles. The return route passes through the villages of Llanfaes and Llandegfan before reaching the A545 (may be busy) and Suspension Bridge back to the campsite.

## **Ynys Môn / Anglesey East (OS Sheet 114 or 115) – Touring ride – 41 miles**

Heading for the east of Ynys Môn this route goes to the World Heritage Site of Beaumaris / Biwmaris and on to Penmon, the easternmost tip of the island. Continuing along the north east coast then swinging inland the ride follows lanes through rolling countryside back south to the Straits and campsite.

Starting through the Botanic Garden the ride takes the Menai Suspension Bridge to cross the Straits and continues along the busy A545 for about a mile. The quieter Sustrans Route 5 bears left up a short steep hill then runs along lanes into the centre of Beaumaris / Biwmares. It is also possible to cycle on the flat along the busier A545. Having moved the native Welsh population to Newborough (destination on the Ynys Môn West ride) Beaumaris Castle was started in 1295 (but never finished) by Edward I to demonstrate his power and wealth. The surrounding walled town was solely for the English! There is also the Courtroom (very little changed from 1614), and the eighteenth century Gaol which makes it an outstanding destination. There are a wide range of shops, cafes, a museum and other facilities including the recently renovated pier. Further enjoyable cycling follows the lanes to the 13th century Penmon Priory and then Penmon Point with its cafe, beach and magnificent views along the coast towards Puffin Island / Ynys Seiriol, Llandudno and the Great Orme and inland to the Carneddau (the mountain range). There is no toll for bicycles. To return the ride heads north into a hillier area and climbs to overlook Red Wharf Bay / Traeth Coch – then through Pentraeth and a short section of busier A 5025 to Benllech where there are most services. Returning along the lanes the ride passes through Penmynedd (the birthplace of the Tudor dynasty) and through to \*Llanfair Pwllgwyngyll (shops, cafes, toilets in 'James Pringle Weavers'). From here the road becomes busier passing the Marquis of Anglesey's Column – which is well worth a visit – until the Suspension Bridge leads back to the campsite.

*\*Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogogoch* (St. Mary's Church in a hollow by the white hazel near the rapid whirlpool and St. Tysilio's Church by the red cave. if you must!!)

## **Ynys Môn / Anglesey East (OS Sheet 114) – Challenge ride – 62 miles**

Heading for the east of Ynys Môn this route goes to the World Heritage Site of Beaumaris / Biwmaris and on to Penmon, the easternmost tip of the island. Continuing along the north east coast to Benllech the route turns inland and rounds Llyn Alaw; finally running through rolling countryside back to the Menai Straits and Treborth.

Heading for the east of Ynys Môn from the campsite the ride crosses the Menai Suspension Bridge to cross the Straits and continues along the busy A545 for about a mile. The quieter Sustrans Route 5 bears left up a short steep hill then runs into the centre of Beaumaris / Biwmares. It is also possible to cycle on the flat along the A545. The town of Beaumaris is an historic centre with its World Heritage Site Edward I Castle (finished, when the king ran out of money, in 1298), the Courtroom (very little changed from 1614), and the eighteenth century Gaol which makes it an outstanding destination. There are a wide range of shops, cafes, a museum and other facilities. Further enjoyable cycling follows the lanes to the 13th century Penmon Priory and then Penmon Point with its cafe, beach and magnificent views along the coast towards Puffin Island / Ynys Seiriol, Llandudno and the Great Orme and inland to the Carneddau mountains. There is no toll for bicycles. To return the ride heads north into a hillier area and climbs to overlook Red Wharf Bay / Traeth Coch – then through Pentraeth and a short section of busier A 5025 to Benllech where there are most services. From Benllech the route follows quiet lanes

to Llyn Alaw – created in 1966 to provide water to the north of the island – and a SSSI (Site of Special Scientific Interest) because of the waterfowl that now live here. There are toilets at the Visitor centre at the western end of the lake. Continuing back through the lanes the ride goes via Llangefni to \*Llanfair Pwllgwyngyll (shops, cafes, toilets in 'James Pringle Weavers'). From here the road becomes busier passing the Marquis of Anglesey's Column – which is well worth a visit – until the Suspension Bridge leads back to the campsite.

*\*Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogogoch* (St. Mary's Church in a hollow by the white hazel near the rapid whirlpool and St. Tysilio's Church by the red cave. if you must!!)