

Ynys Môn West challenge - 61 miles				
Stage	Total	Where	Notes	Elevation
0	0	Start	Leave campside by Botanic Garden.	173.88ft
0.95	0.95	T junction A5	Turn left and cross Menai Suspension Bridge.	118.11ft
0.29	1.24	Roundabout	Straight on. Waitrose shortly on left.	85.30ft
0.28	1.52	Roundabout	Second exit and up the hill.	49.21ft
0.71	2.22	Four Crosses Roundabout	Straight on. Signposted Llangefni / Pili Palas.	236.22ft
0.44	2.66	Pili Palas		239.50ft
1.04	3.7	Small lane	As road bends right turn left turn at Post Box. Route 8.	193.57ft
1.09	4.79	Star	Continue on Route 8 and cross over A55.	223.10ft
0.35	5.14	T junction A5	Turn right SP Gaerwen. Route 8.	131.23ft
0.05	5.19	Immediate left turn	SP Llandaniel Fab. Route 8.	134.51ft
1.31	6.5	Llandaniel Fab	Straight on. Post office / shop on left. (Route 8)	203.41ft
2.32	8.82	Staggered Cross Roads	Straight on leaving route 8. (Half a mile up the lane on the right is a fine burial chamber.)	62.34ft
1.15	9.97	Cross Roads	Turn left.	85.30ft
0.43	10.4	Right turn	SP Dwyran. Continue through village.	39.37ft
1.1	11.5	T junction A4080	Turn right.	13.12ft
0.29	11.79	Road goes left	Follow the road going sharp left. (Llangeinwen Chapel on corner.)	22.97ft
0.88	12.67	Roundabout	Turn right contiuing on A4080. Just before the roundabout there is a good cafe at the White Lodge caravan park.	29.53ft
0.54	13.21	Niwbwrch/Newborough Cross Roads	Our route continues straight on past the White Lion. (To the left signed Llys Rhosyr a 2 mile ride leads to Newborough Dunes and Llanddwyn Island - one of the best beaches in the area.)	108.27ft
1.35	14.56	Malltraeth Forestry Commission	Turn left into car park and immediately right on cyclepath.	29.53ft
1.03	15.59	End of cyclepath	Turn left & cross over bridge. Continue through Malltraeth. (Riverside Studios and cafe down lane to the right)	6.56ft
0.87	16.46	Turn left	SP Aberffraw.	137.80ft
0.49	16.95	A4080 goes sharp right	Straight on on lane. Do not go through Hermon.	183.73ft
1.12	18.07	Farm gate	Route continues to the right. Keep on the lane to the dunes.	196.85ft
1.98	20.05	Aberffraw Old Bridge	Cross into village.	9.84ft
0.13	20.18	Y Goron	Turn right by green bus shelter.	39.37ft
0.07	20.25	Llys Llewelyn	Heritage Centre and Tea Rooms. Toilets.	39.37ft
0.02	20.27	T junction A4080	Turn left SP Rhosneigr.	39.37ft
2.98	23.26	Fancy Grass Triangle (Option)	Turn left SP Rhosneigr and loop through the village for all facilities.(Option - Straight on from triangle for half a mile bypasses the village).	36.09ft
1.13	24.39	Clock Tower	Continue to the right. Cafe, toilets and shops to the left.	52.49ft
0.96	25.35	Railway bridge	Go under the railway bridge and continue .	13.12ft
0.77	26.11	T junction	Turn left (church opposite) SP A5. (Village bypass comes in here)	68.90ft
0.32	26.43	Left turn	SP Bryngwran. Pass Ty Newydd (Neolithic Burial Chamber) to your right.	95.14ft
0.62	27.06	Cross Roads	Straight on.	78.74ft
0.84	27.89	Cross roads	Straight on.	45.93ft

1.01	28.9	Cross roads	Turn left signed Route 8.	42.65ft
1.51	30.41	T junction	Turn left and continue through housing (Llanfihangel yn Nhowyn). SP Route 8	62.34ft
1.4	31.81	Valley Airfield	After railway bridge the road goes sharp right .	29.53ft
0.35	32.16	Llyn Cerrig-bach	Site of Europe wide important Iron Age finds.	26.25ft
0.23	32.39	T junction	Turn right.	39.37ft
0.81	33.19	Left Turn	Turn into Lon Ty Main SP Route 8.	29.53ft
0.49	33.68	Y Junction	Continue left. (Ty Mawr to the right)	22.97ft
0.31	33.99	T Junction	Turn right SP Route 8.	16.40ft
0.61	34.6	Roundabout	Second exit. SP Route 8. Then cross A55.	22.97ft
0.13	34.73	Left Turn	Immediate left turn. SP Route 8. Continue, crossing railway line.	19.69ft
0.42	35.14	Staggered cross roads	Straight across SP Route 8. (Toilets and cafe in Penrhos Park less than a mile across the causeway to the left).	22.97ft
0.05	35.2	Gorad Road	Our route now joins Route 5. Continue along Gorad Rd.	19.69ft
1.92	37.12	T junction	Turn left SP Route 5.	29.53ft
0.14	37.26	Right turn	Turn onto B5109 SP Bodedern and Route 5.	32.81ft
0.95	38.21	Left Turn	SP Llanfigael and Route 5.	65.62ft
2.51	40.71	Left turn	Turn left SP Route 5.	75.46ft
0.73	41.45	Right Turn	SP Route 5 and windmill.	104.99ft
0.27	41.72	Melin Llynonn (Destination)	Shop, cafe & toilets.	121.39ft
0.27	41.99	Cross roads	Straight on.SP Route 5.	124.67ft
1.34	43.33	Leave Route 5	Route 5 turns left - ignore this and continue straight on. SP Trefor.	124.67ft
0.73	44.05	Left turn	Opposite Llyn Alaw and windmill brown signs	216.54ft
0.11	44.16	Left turn	Marked as unsuitable for long vehicles!	232.94ft
1.42	45.58	T junction B5112	Turn right.	321.52ft
0.18	45.76	Left turn	Turn left in front of white house (The Mount).	321.52ft
0.98	46.74	T junction B5109	Turn left after passing windmill. Continue on B5109 to Bodfordd.	170.60ft
3.39	50.14	Leaving Bodfordd (Option)	Left turn into Lon Sardis (B5111) SP Llangwyllog. (It is possible to continue direct to Llangefni to rejoin the main route at the mini roundabout with ASDA to the left)	127.95ft
0.11	50.24	Cefni Forestry Car Park	Turn right and follow Lon Las Cefni. shortly there is a right turn over a bridge. This section is very scenic but does use some good unsurfaced track.	111.55ft
1.24	51.48	Cycle route junction	Turn right and follow Lon Las Cefni through The Dingle into Llangefni.	104.99ft
1.23	52.71	End of cyclepath	Continue through car park passing church on your left.	88.58ft
0.14	52.85	T junction B5110	Turn right and then left at mini roundabout. Continue passing ASDA on your left.	52.49ft
0.19	53.04	Mini roundabout	First exit SP Pentaeth / Porthaethwy. Follow B5109 (past mini roundabout) which then becomes the B5420. Pass Coleg Menai and then go through Penmynydd.	49.21ft
4.63	57.66	Rejoin outward route	Continue on B5420 through Porthaethwy / Menai Bridge. Cross over Suspension Bridge to campsite.	193.57ft
3.64	61.3	Finish	G & T anyone?	173.88ft